

## **COOKIE SWALLOW (Modified Barium Swallow)**

### **Purpose:**

Can identify swallowing problems.

### **How long will the procedure take?**

The entire procedure will take 30-45 minutes.

### **Preparation:**

None.

NOTE: The exam will be scheduled through the WGH Speech Pathologist, who does the study with a radiologist, using fluoroscopy.

### **Procedure:**

For your examination, you will put on a hospital gown and remove foreign objects such as jewelry, snaps, buttons, etc.

The Speech Pathologist will administer different thickness liquids and foods mixed with barium while a radiologist fluoroscopes. During this procedure, a video of the fluoroscopy exam is made.

### **After the examination:**

The radiologist will study your films and dictate a report, which will be sent to your physician within 24 hours. You may resume regular meals and medications after completion of the examination. Chalky stools may persist for several days. A high fiber diet and plenty of liquids will help prevent possible constipation, and a mild laxative may help.